

D R I N K S

Sagar Speciality Drinks

Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled

Salt Lassi D	£4.25
Sweet Lassi D	£4.25
Mango Lassi D	£4.45
Limbu Pani	£3.95
Home made freshly squeezed lemonade	

Soft Drinks

Coke / Diet Coke	£3.45
Coke Zero / Fanta Orange / Sprite	£3.45
(330ml Glass)	

Schweppes

Ginger Ale / Soda Water	£2.75
Tonic Water	£2.75
Water Bottle	£4.35
(still / sparkling) 750ml	
Water Glass	£2.55
(still / sparkling) 330 ml	

Aperitifs (50ML)

Cinzano Bianco	£3.35
Martini (Dry Rosso)	£3.35
Campari	£3.35

Spirits (25ML)

Bacardi	£4.35
Captain Morgan	£4.35
Gordon's Gin	£4.35
Smirnoff	£4.35

Cognac (25 ML)

Remy Martin	£4.35
Courvoisier	£4.35

Juices

Orange	£3.35
Mango	£3.35
Passion	£3.35

Beers

Kingfisher (330ml) 4.8%	£4.35
Cobra (330ml) 4.8%	£4.35
Cobra (330ml) Alcohol Free - 0%	£4.35
Kingfisher Large (650ml) 4.8%	£7.05
Cobra Large (650ml) 4.8%	£7.05

Whiskey (25ML)

Black Label	£4.35
Chivas Regal	£4.35
Glenfiddich	£4.35
Laphroaig	£4.35
Jameson	£4.35
Jack Daniels	£4.35

Liqueurs (25 ML)

Malibu	£4.35
Tia Maria	£4.35
Southern Comfort	£4.35
Baileys (50ml)	£4.35

Vegetarian White Wine

	125ml	175ml	bottle
Ayrum Verdejo Blanco Albali, Valdepeñas, Spain.	£4.15	£4.65	£18.95
This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.			
Cullinan View Chenin Blanc, South Africa.	£4.85	£19.95	
Delicious fresh and creamy with peach fruit character. A classic South African style.			
Monte Verde Sauvignon Blanc, Chile.	£5.05	£20.95	
Classic gooseberry flavours enhanced by tropical fruit and zesty lemon			
Pinot Grigio di Pavia, Collezione Marchesini, Italy.			£22.95
Lovely buttery, crisp and dry style with typical pear fruit from this area of central northern Italy in the Southern section of Lombardy.			
Da Luca Pinot Grigio, Terre Siciliane, Italy. Vegan			£23.95
Delicious fresh and creamy with peach fruit character. A classic South African style.			

Vegetarian Rose Wine

	125ml	175ml	bottle
Ayrum Tempranillo Rosado Albali, Valdepeñas (Spain)	£4.15	£4.85	£19.95
This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.			
Los Romeros Merlot Rosé, Central Valley (Chile) Vegan	£4.35	£5.05	£20.95
Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.			

Vegetarian Red Wine

	125ml	175ml	bottle
Borsari Cabernet Sauvignon, Italy.	£4.15	£4.65	£18.95
Bright, soft berry-fruits with juicy damsons, a smooth, easy-going red.			
Solstice Shiraz, Italy.	£4.85	£19.95	
A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.			
Monte Verde Merlot, Central Valley, Chile. Vegan	£5.05	£20.95	
A supple and intensely juicy style with intense flavours of ripe red berries and plums			
Callia Malbec, San Juan, Argentina.			£22.95
Plenty of ripe, soft berry fruit flavours with the usual pinch of spice associated with Malbec as well as cinnamon and vanilla oak-spice notes			
Da Luca Nero d'Avola, Terre Siciliane, Italy. Vegan			£23.95
Delicious cherry and bramble fruit aromas, followed by a note of vanilla on the finish			

Vegetarian Sparkling Wine & Champagne

	125ml	175ml	bottle
Da Luca Prosecco (Italy) Vegan 200ml			£9.95
Pear and peach fruit on a lively, soft and generous palate.			
Da Luca Prosecco (Italy) Vegan			£30.95
Pear and peach fruit on a lively, soft and generous palate.			
Louis Dornier et Fils Brut (France) Vegan			£40.95
A light, fresh, vigorously youthful Champagne with a fine, elegant, slightly lemony nose, and long, crisp palate.			

sagar

ONION & GARLIC FREE

M E N U

Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.

Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.

We do Onion Garlicfree Dishes. Please ask the staff for separate menu.

FOOD ALLERGIES AND INTOLERANCES
Please speak to our staff about the ingredients in your meal when placing your order. Thank you

Famous Starters from South India

Idli Vegan **£6.25**

Gently steamed rice dumplings served with coconut chutney & sambar
Contains Mustard

Idli Vada Vegan **£6.95**

Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar
Contains Mustard

Medu Vada Vegan **£6.25**

Fried lentil doughnuts, soft in the middle and crispy on the outside with coconut chutney & sambar
Contains Mustard

Gobi Manchurian **£7.25**

Battered cauliflower deep fried and tossed in soya sauce with onion and garlic
Contains Soya

Rasa Vada Vegan **£6.45**

Soft lentil doughnuts soaked in warm tangy rasam
Contains Mustard

Soups

Rasam Vegan **£3.95**

Traditional south indian spicy soup
Contains Mustard

Dal Soup Vegan **£3.95**

Lentil broth

Bombay Chowpati Special

Dahi Potato Puri **£5.95**

Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt
Contains Milk • Gluten

Aloo Papadi Chat **£5.65**

Crispy poori served with potatoes, sour & spicy chutney and yogurt
Contains Milk • Gluten

Pani Puri Vegan **£5.65**

Small crispy poori served with chickpeas, sour & spicy consommé
Contains Gluten

Dahi Vada **£5.95**

Lentil doughnuts soaked in cold home made yoghurt.
Contains Milk

Mogo Chips Vegan **£5.25**

Served with tomato ketchup and sweet chutney

Potato Chips Vegan **£4.15**

Served with tomato ketchup

Main Meals

All Dosa's served with sambar & coconut chutney

Plain Dosa Vegan **£7.35**

Rice and lentil pancake
Contains Mustard

Masala Dosa Vegan **£8.35**

Rice & lentil golden pancake filled with potato,
Contains Mustard

Rava Dosa Vegan **£8.25**

Cream of wheat & rice pancake
Contains Gluten • Mustard

Rava Masala Dosa Vegan **£9.25**

Cream of wheat & rice pancake filled with potato, **filing on the side**
Contains Gluten • Mustard

Cheese Dosa **£7.95**

Rice and lentil pancake with cheese
Contains Milk • Mustard

Paper Masala Dosa Vegan **£10.45**

Crispy rice and lentil pancake served with potato,**filing on the side**

Contains Mustard

Ghee Roast **£8.35**

Rice and lentil pancake filled with ghee
Contains Milk • Mustard

Our Famous Curry Dishes

Vegetable Kootu Vegan **£7.25**

Fresh vegetable cooked in coconut, cashewnuts and cream with home made south Indian spices
Contains Milk • Nuts • Mustard

Suki Bhajee Vegan **£6.95**

Fresh dry vegetable tossed in karahi with coconut and home made south Indian spices
Contains Mustard

Fried Dal Vegan **£7.35**

Yellow pulse with light chilly, onion, tomato, garlic, ginger and lemon seasoning
Contains Mustard

Potato Palya Vegan **£6.95**

Potatoes cooked with home blended south Indian spices
Contains Mustard

Sambar Vegan **£6.95**

Fresh vegetable cooked in fresh coconut and lentil with home made south Indian spice
Contains Mustard

Thalis

Traditional Udupi Thali **£19.95**

Traditional south indian platter made mostly with lentil's served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert
Contains Mustard • Gluten • Milk • Nuts

Home Made Fresh Bread

Poori Vegan **£4.25**

Two pieces of deep fried puffy dough
Contains Gluten

Chappathi Vegan **£3.95**

Two pieces of unleavened baked bread
Contains Gluten

Batura Vegan **£4.25**

Large fluffy fried bread
Contains Gluten

Paratha Vegan **£3.95**

One piece delicious flaky leavened plain flour bread
Contains Gluten

Home Made Rice Speciality

Lemon Rice **£5.25**

(Vegan option available)
Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha
Contains Mustard • Nuts • Milk

Boiled Rice Vegan **£3.95**

Basmati rice

Curd Rice **£5.95**

A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle.
Contains Milk • Mustard

Vegetable Pilau Rice Vegan **£4.95**

Basmati rice prepared with mixed vegetables and vegetable ghee

Uthappams (Lentil Pizza)

All Uthappams served with sambar & coconut chutney

Plain Uthappam Vegan **£7.95**

Traditionally prepared rice & lentil pizza
Contains Mustard

Cheese Uthappam **£8.95**

Traditionally prepared rice & lentil pizza topped with cheese
Contains Milk • Mustard

Tomato Uthappam Vegan **£8.25**

Traditionally prepared rice & lentil pizza topped with tomato
Contains Mustard

Sagar Special Uthappam **£9.95**

Vegan
Traditionally prepared rice & lentil pizza topped with onion, tomato and capsicum
Contains Milk • Mustard

Masala Uthappam Vegan **£9.45**

Traditionally prepared rice & lentil pizza topped with potato, onion, coriander, mulaga podi (gun powder)
Contains Mustard

Extras

Raitha **£2.95**

Special salad made with carrots, cucumber & yoghurt
Contains Milk

Pickles (each) **£1.95**

Lime pickle and mango chutney

Mulaga Podi **£1.95**

Combination of lentils ground together with spices and served with ghee
Contains Milk