

D R I N K S

Sagar Speciality Drinks

Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled

Salt Lassi D	£3.25
Sweet Lassi D	£3.25
Mango Lassi D	£3.50
Limbu Pani	£2.75
Home made freshly squeezed lemonade	
Kashmiri Falooda D, N, G	£3.50
Rose Milk	£3.25
Contains milk	
Milkshake D, Soya	£3.50
Chocolate, Vanilla, Strawberry, Pistachio	

Schweppes

Ginger Ale / Soda Water	£1.50
Tonic Water / Slimline Tonic Water	£1.50
Water Bottle (still / sparkling) 750ml	£3.45
Water Glass (still / sparkling) 330 ml	£1.95

Aperitifs (50ML)

Cinzano Bianco	£2.50
Martini (Dry Rosso)	£2.50
Campari	£2.50

Spirits (25ML)

Bacardi	£2.50
Captain Morgan	£2.95
Gordon's Gin	£2.95
Smirnoff	£2.95

Cognac (25 ML)

Remy Martin	£3.45
Courvoisier	£3.45

Juices

Orange	£2.65
Mango	£2.65
Passion	£2.65

Soft Drinks

Coke / Diet Coke	£1.95
Coke Zero / Fanta Orange / 7Up (330ml Glass)	

Beers

Kingfisher (330ml) 4.8%	£3.25
Cobra (330ml) 4.8%	£3.25
Cobra (330ml) Alcohol Free - 0%	£3.25
Becks (275ml) 4.8%	£3.25
Heineken (330ml) 5%	£3.25
Kingfisher Large (650ml) 4.8%	£5.75
Cobra Large (660ml) 4.8%	£5.75

Whiskey (25ML)

Black Label	£3.45
Chivas Regal	£3.45
Red Label	£3.45
Glenfiddich	£3.45
Laphroaig	£3.45
Jameson	£3.45
Jack Daniels	£3.45

Liqueurs (25 ML)

Malibu	£3.45
Drambuie	£3.45
Tia Maria	£3.45
Cointreau	£3.45
Southern Comfort	£3.45
Baileys (50ml)	£3.45

Vegetarian White Wine

	125ml	175ml	bottle
Ayrum Verdejo Blanco Albali, Valdepeñas, Spain.	£2.45	£2.95	£10.95
This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.			
Da Luca Pinot Grigio, Terre Siciliane, Italy. Vegan			£15.95
Delicious fresh and creamy with peach fruit character. A classic South African style.			
Monte Verde Sauvignon Blanc, Chile.	£3.75	£14.95	
Classic gooseberry flavours enhanced by tropical fruit and zesty lemon			

Vegetarian Rose Wine

	125ml	175ml	bottle
Los Romeros Merlot Rosé, Central Valley (Chile) Vegan	£3.25	£4.85	£14.75
Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.			

Vegetarian Red Wine

	125ml	175ml	bottle
Borsari Cabernet Sauvignon, Italy.	£2.95	£3.45	£12.95
Bright, soft berry-fruits with juicy damsons, a smooth, easy-going red.			
Monte Verde Merlot, Central Valley, Chile. Vegan	£3.75	£14.95	
A supple and intensely juicy style with intense flavours of ripe red berries and plums			
Solstice Shiraz, Italy.			£14.95
A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.			

Vegetarian Sparkling Wine & Champagne

	125ml	175ml	bottle
Da Luca Prosecco (Italy) Vegan 200ml			£5.95
Pear and peach fruit on a lively, soft and generous palate.			
Da Luca Prosecco (Italy) Vegan			£19.95
Pear and peach fruit on a lively, soft and generous palate.			

sagar

O N I O N & G A R L I C F R E E

M E N U

Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.

Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.

We do Onion Garlicfree Dishes. Please ask the staff for separate menu.

FOOD ALLERGIES AND INTOLERANCES
Please speak to our staff about the ingredients in your meal when placing your order. Thank you

Famous Starters from South India

Idli **Vegan** **£3.75**

Gently steamed rice dumplings served with sambar and coconut chutney
Contains Mustard

Idli Vada **Vegan** **£4.15**

Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar
Contains Mustard

Chilli Idli **Vegan** **£4.25**

Deep-fried rice dumpling tossed in soya sauce with garlic and chillies

Fried Idli **Vegan** **£3.45**

Gently steamed rice dumplings fried & served with coconut chutney & tomato ketchup
Contains Nuts • Mustard

Medu Vada **Vegan** **£3.45**

Fried lentil doughnuts, soft in the middle and crispy on the outside
Contains Mustard

Gobi Manchurian **£4.25**

Battered cauliflower deep fried and tossed in soya sauce with onion and garlic

Rasa Vada **Vegan** **£3.45**

Soft lentil doughnuts soaked in warm tangy rasam
Contains Mustard

Special Upma **Vegan** **£2.95**

Cream of wheat cooked with delicate spice, fresh tomato, peas and rich cashew nuts
Contains Gluten • Nuts • Mustard

Samosa **Vegan** **£3.75**

Crisp pasty turnovers filled with delicate spice potatoes, peas and cashew nuts
Contains Gluten • Nuts

Pappadam **Vegan** **£1.95**

Two crispy snacks made of black gram lentils served with pickle & chutney

Potato Bhajia **Vegan** **£3.45**

Seasoned potatoes and mild spice, flatened then fried in a gram flour batter
Contains Mustard

Potato Bonda **Vegan** **£3.45**

Seasoned potatoes and mild spice fried in a gram flour batter
Contains Mustard

Soups

Rasam **Vegan** **£2.45**

Traditional south indian spicy soup
Contains Mustard

Dal Soup **Vegan** **£2.45**

Lentil broth

Bombay Chowpati Special

Dahi Potato Puri **£3.95**

Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt
Contains Milk • Gluten

Dahi Vada **£3.75**

Lentil doughnuts soaked in cold home made yoghurt.
Contains Milk

Aloo Papadi Chat **£3.45**

Crispy poori served with potatoes, sour & spicy chutney and yogurt
Contains Milk • Gluten

Pani Puri **Vegan** **£3.45**

Small crispy poori served with chickpeas, sour & spicy consommé
Contains Gluten

Mogo Chips **Vegan** **£3.95**

Served with tomato ketchup and sweet chutney

Potato Chips **Vegan** **£3.25**

Served with tomato ketchup

Main Meals

All Dosa's served with sambar & coconut chutney

Plain Dosa **Vegan** **£3.45**

Rice and lentil pancake
Contains Mustard

Cheese Dosa **£4.45**

Rice and lentil pancake with cheese
Contains Milk • Mustard

Masala Dosa **Vegan** **£4.45**

Rice & lentil golden pancake filled with potatos
Contains Mustard

Nutella Dosa **£4.25**

Rice and lentil crepe with nutella souce
Contains Milk • Nuts

Rava Dosa **Vegan** **£4.25**

Cream of wheat & rice pancake
Contains Gluten • Mustard

Paper Masala Dosa **£6.25**

Vegan
Crispy rice and lentil pancake served with potatos
Contains Mustard

Rava Masala Dosa **Vegan** **£4.95**

Cream of wheat & rice pancake filled with potatos
Contains Gluten • Mustard

Ghee Roast **£3.95**

Rice and lentil pancake filled with ghee
Contains Milk • Mustard

Our Famous Curry Dishes

Vegetable Kootu **£3.95**

Fresh vegetable cooked in coconut, cashewnuts and cream with home made south Indian spices
Contains Milk • Nuts • Mustard

Suki Bhajee **Vegan** **£3.95**

Fresh dry vegetable tossed in karahi with coconut and home made south Indian spices
Contains Mustard

Fried Dal **Vegan** **£3.95**

Yellow pulse with light chilly, tomato and lemon seasoning
Contains Mustard

Potato Palya **Vegan** **£3.95**

Potatoes cooked with home blended south Indian spices
Contains Mustard

Sambar **Vegan** **£3.95**

Fresh vegetable cooked in fresh coconut and lentil with home made south Indian spice
Contains Mustard

Thalis

Traditional Udupi Thali **£9.95**

Traditional south indian platter made mostly with lentil's served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert
Ask staff for details

Home Made Fresh Bread

Poori **Vegan** **£2.75**

Two pieces of deep fried puffy dough
Contains Gluten

Chappathi **Vegan** **£2.45**

Two pieces of unleavened baked bread
Contains Gluten

Batura **Vegan** **£2.75**

Large fluffy fried bread
Contains Gluten

Paratha **Vegan** **£2.45**

One piece delicious flaky leavened plain flour bread
Contains Gluten

Home Made Rice Speciality

Lemon Rice **£3.25**

(Vegan option available)

Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha
Contains Mustard • Nuts • Milk

Boiled Rice **Vegan** **£2.95**

Basmati rice

Curd Rice **£3.45**

A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle.
Contains Milk • Mustard

Vegetable Pilau Rice **£3.25**

Vegan

Basmati rice prepared with mixed vegetables and vegetable ghee

Jeera Rice **Vegan** **£3.25**

Basmati rice toasted with cumin seeds
Contains Mustard

Uthappams (Lentil Pizza)

All Uthappams served with sambar & coconut chutney

Plain Uthappam **Vegan** **£3.45**

Traditionally prepared rice & lentil pizza
Contains Mustard

Cheese Uthappam **Vegan** **£4.45**

Traditionally prepared rice & lentil pizza topped with cheese
Contains Mustard • Milk

Tomato Uthappam **Vegan** **£3.95**

Traditionally prepared rice & lentil pizza topped with tomato
Contains Mustard

Sagar Special Uthappam **£5.25**

Traditionally prepared rice & lentil pizza topped with tomato, capsicum and cheese
Contains Milk • Mustard

Masala Uthappam **Vegan** **£4.95**

Traditionally prepared rice & lentil pizza topped with potato, coriander, mulaga podi (gun powder)
Contains Mustard

Extras

Raitha **£1.95**

Special salad made with carrots, cucumber & yoghurt
Contains Milk

Pickles (each) **£1.00**

Lime chutney, Mint sauce

Mulaga Podi **£1.75**

Combination of lentils ground together with spices and served with ghee
Contains Milk