

D R I N K S

Sagar Speciality Drinks

Lassi is a delicious cool, creamy yoghurt & milk drink, served chilled

Salt Lassi D £3.25

Sweet Lassi D £3.25

Mango Lassi D £3.50

Limbu Pani £2.75

Home made freshly squeezed lemonade

Kashmiri Falooda D, N, G £3.50

Rose Milk £3.25

Contains milk

Milkshake D, Soya £3.50

Chocolate, Vanilla, Strawberry, Pistachio

Schweppes

Ginger Ale / Soda Water £1.50

Tonic Water £1.50

/ Slimline Tonic Water

Water Bottle £3.45

(still / sparkling) 750ml

Water Glass £1.95

(still / sparkling) 330 ml

Aperitifs (50ML)

Cinzano Bianco £2.50

Martini (Dry Rosso) £2.50

Campari £2.50

Spirits (25ML)

Bacardi £2.50

Captain Morgan £2.95

Gordon's Gin £2.95

Smirnoff £2.95

Cognac (25 ML)

Remy Martin £3.45

Courvoisier £3.45

Juices

Orange £2.65

Mango £2.65

Passion £2.65

Soft Drinks

Coke / Diet Coke £1.95

Coke Zero / Fanta Orange

/ 7Up (330ml Glass)

Beers

Kingfisher (330ml) 4.8% £3.25

Cobra (330ml) 4.8% £3.25

Cobra (330ml) Alcohol Free - 0% £3.25

Becks (275ml) 4.8% £3.25

Heineken (330ml) 5% £3.25

Kingfisher Large (650ml) 4.8% £5.75

Cobra Large (660ml) 4.8% £5.75

Whiskey (25ML)

Black Label £3.45

Chivas Regal £3.45

Red Label £3.45

Glenfiddich £3.45

Laphroaig £3.45

Jameson £3.45

Jack Daniels £3.45

Liqueurs (25 ML)

Malibu £3.45

Drambuie £3.45

Tia Maria £3.45

Cointreau £3.45

Southern Comfort £3.45

Baileys (50ml) £3.45

Vegetarian White Wine

125ml 175ml bottle

Ayrum Verdejo Blanco Albali, Valdepeñas, Spain. £2.45 £2.95 £10.95

This aromatic Verdejo shows floral notes with green apple and citrus fruit on the palate.

Da Luca Pinot Grigio, Terre Siciliane, Italy. Vegan £15.95

Delicious fresh and creamy with peach fruit character.

A classic South African style.

Monte Verde Sauvignon Blanc, Chile. £3.75 £14.95

Classic gooseberry flavours enhanced by tropical fruit and zesty lemon

Vegetarian Rose Wine

125ml 175ml bottle

Los Romeros Merlot Rosé, Central Valley (Chile) Vegan £3.25 £4.85 £14.75

Bright raspberry and strawberry aromas with pleasant blackcurrant flavours make this a soft easy drinking wine.

Vegetarian Red Wine

125ml 175ml bottle

Borsari Cabernet Sauvignon, Italy. £2.95 £3.45 £12.95

Bright, soft berry-fruits with juicy damsons, a smooth, easy-going red.

Monte Verde Merlot, Central Valley, Chile. Vegan £3.75 £14.95

A supple and intensely juicy style with intense flavours of ripe red berries and plums

Solstice Shiraz, Italy. £14.95

A softer style of this spicy, full flavoured grape, that thrives in the Sicilian sun - ripe, light and lively.

Vegetarian Sparkling Wine & Champagne

125ml 175ml bottle

Da Luca Prosecco (Italy) Vegan 200ml £5.95

Pear and peach fruit on a lively, soft and generous palate.

Da Luca Prosecco (Italy) Vegan £19.95

Pear and peach fruit on a lively, soft and generous palate.

sagar

M E N U

Our chefs are from Udupi, a small town in the coastal region of the Western Ghats, about 360km from Bangalore in Karnataka. At a famous temple there is an idol of Lord Krishna richly adorned in jewels. The town is a knowledgeable centre for authentic South Indian Cuisine. Udupi chefs are renowned for the cooking of traditional South Indian vegetarian food.

Sagar is a restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian dishes, including some which are new to this country.

We do Onion Garlicfree Dishes. Please ask the staff for separate menu.

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal when placing your order. Thank you

Famous Starters from South India

Idli Vegan £3.75

Gently steamed rice dumplings served with sambar and coconut chutney

Contains Mustard

Idli Vada Vegan £4.15

Gently steamed rice dumplings & lentil doughnut served with coconut chutney & sambar

Contains Mustard

Chilli Idli Vegan £4.25

Deep-fried rice dumpling tossed in soya sauce with garlic and chillies

Fried Idli Vegan £3.45

Gently steamed rice dumplings fried & served with coconut chutney & tomato ketchup

Contains Nuts • Mustard

Medu Vada Vegan £3.45

Fried lentil doughnuts, soft in the middle and crispy on the outside

Contains Mustard

Rasa Vada £3.45

Soft lentil doughnuts soaked in warm tangy rasam

Contains Mustard

Sambar Vada Vegan £3.45

Soft lentil doughnuts soaked in sambar

Contains Mustard

Onion Rings £3.75

Deep fried battered onion rings served with ketchup

Potato Bhajia Vegan £3.75

Seasoned potatoes and mild spice, flattened then fried in a gram flour batter

Contains Mustard

Special Upma Vegan £2.95

Cream of wheat cooked with delicate spice, fresh tomato, peas and rich cashew nuts

Contains Gluten • Nuts • Mustard

Samosa Vegan £3.75

Crisp pasty turnovers filled with delicate spice potatoes, peas and cashew nuts

Contains Gluten • Nuts

Chilli Paneer £5.45

Cottage cheese stir fried with capsicum, chillies, onion, garlic & tossed in soya sauce

Contains Dairy • Soya

Gobi Manchurian £4.25

Battered cauliflower deep fried and tossed in soya sauce with onion and garlic

Bhajia Vegan £3.45

Chopped onions dipped in light batter of gram flour, rice coriander seeds and fried them to give the extra munch

Pappadam Vegan £1.95

Two crispy snacks made of black gram lentils served with pickle & chutney

Potato Bonda Vegan £3.45

Seasoned potatoes and mild spice fried in a gram flour batter

Contains Mustard

Masala Papad Vegan £1.25

Crispy papadam top with onion, tomato and spices

<u>Soups</u>			
Rasam	£2.45	Dal Soup	Vegan £2.45
Traditional south indian spicy soup			
Contains Mustard			

Bombay Chowpati Special

Bhel Puri	Vegan £3.45	Pani Puri	Vegan £3.45
Puffed rice sev mixed with sour & garlic chutney with tender potatoes and onions			
Contains Gluten			

Sev Puri	(Vegan option available) £3.95	Dahi Vada	£3.75
Crisp poori prepared with onions, tamarind, coriander, garlic chutney and yoghurt garnished with sev			
Contains Milk • Gluten			

Dahi Potato Puri	£3.95	Masala Mogo	Vegan £4.25
Small crispy poori stuffed with potatoes, sweet & sour spicy chutney and yoghurt			
Contains Milk • Gluten			

Aloo Papadi Chat	£3.45	Potato Chips	Vegan £3.25
Crispy poori served with potatoes, sour & spicy chutney and yogurt			
Contains Milk • Gluten			

Main Meals

All Dosa's served with sambar & coconut chutney

Plain Dosa	Vegan £3.45	Paneer Dosa	£5.25
Rice and lentil pancake			
Contains Mustard			

Masala Dosa	Vegan £4.45	Nutella Dosa	£4.25
Rice & lentil golden pancake filled with potato, onions & carrot			
Contains Mustard			

Mysore Masala Dosa	Vegan £4.95	Spring Dosa	Vegan £5.45
Very famous rice and lentil spicy pancake spreaded with red coconut chutney filled with potato, onions & carrot			
Contains Mustard			

Mysore Dosa	Vegan £4.45	Sagar Special Dosa	Vegan £5.95
Very famous rice and lentil spicy pancake spread with red coconut chutney			
Contains Mustard			

Rava Dosa	Vegan £4.25	Paper Masala Dosa	Vegan £6.25
Cream of wheat & rice pancake			
Contains Gluten • Mustard			

Rava Masala Dosa	Vegan £4.95	Paper Paneer Dosa	£6.75
Cream of wheat & rice pancake filled with potato, onions & carrot			
Contains Gluten • Mustard			

Onion Rava Dosa	Vegan £4.45	Ghee Roast	£3.95
Cream of wheat & rice crispy pancake with sautéed onions			
Contains Gluten • Mustard			

Onion Rava Masala Dosa	Vegan £5.25	Extra Topping of Cheese, Paneer or Mulaga Podi	£1.25
Cream of wheat & rice pancake filled with potato,onions & carrot			
Contains Gluten • Mustard			

Cheese Dosa	£4.45		
Rice and lentil pancake with cheese			
Contains Milk • Mustard			

Uthappams (Lentil Pizza)

All Uthappams served with sambar & coconut chutney

Plain Uthappam	Vegan £3.45	Mix Uthappam	Vegan £4.75
Traditionally prepared rice & lentil pizza			
Contains Mustard			

Onion Uthappam	Vegan £3.95	Masala Uthappam	Vegan £4.95
Traditionally prepared rice & lentil pizza topped with onion			
Contains Mustard			

Tomato Uthappam	Vegan £3.95	Sagar Special Uthappam	£5.25
Traditionally prepared rice & lentil pizza topped with tomato			
Contains Mustard			

Cheese Uthappam	£4.45	Extra Topping of Cheese, Paneer or Capsicum	£1.25
Traditionally prepared rice & lentil pizza topped with cheese			
Contains Milk • Mustard			

Onion & Chilli Uthappam	£4.45		
Vegan			
Traditionally prepared rice & lentil pizza topped with onion & chillies			
Contains Mustard			

Our Famous Curry Dishes

Vegetable Kurma	Vegan £4.25	Brinjal Bhajee	Vegan £4.75
Creamy curry of fresh vegetables cooked in mild sauce with cashewnuts			
Contains Nuts			

Channa Masala	Vegan £4.25	Vegetable Kootu	£3.95
Chick peas simmered in a tomato curry with fresh spices, ideally eaten with batura			

Mattar Paneer	£4.95	Fried Dal	Vegan £3.95
A delicious curry with fresh home made cottage cheese, peas, cashewnuts & cream			
Contains Milk • Nuts			

Aloo Ghobi	Vegan £4.25	Sambar	Vegan £3.95
A delicious curry with cauliflower, potato, fresh tomato and capsicum (red & green) with home blended south indian spices			

Saag Aloo	Vegan £4.25	Suki Bhajee	Vegan £3.95
A delicious curry with spinach, potato, with home blended south Indian spices			

Saag Paneer	£4.95	Potato Palya	Vegan £3.95
Lightly spiced fresh spinach cooked with fresh home made cottage cheese			
Contains Milk			

Bhajee	Vegan £4.25		
Smash mixed vegetables cooked in tomato sauce and spices			

Thalis

Traditional Udupi Thali	£9.95	Rajdani Thali	£9.95
Traditional south indian platter made mostly with lentil's served with pappadam, raitha,palya, suki bhajee, kootu, vegetable sambar, dal, rasam, basmati rice, poori and dessert			
Ask staff for details			

Vegan Thali	£10.95		
Special platter with pappadam, channa masala, brinjal bhajee, vegetable kurma, sambar, potato palya, suki bhajee, lemon rice, paratha and dessert			
Ask staff for details			

Home Made Fresh Bread

Poori	Vegan £2.75	Stuffed Paratha with Plain Yogurt	£3.25
Two pieces of deep fried puffy dough			
Contains Gluten			

Batura	Vegan £2.75	Paratha	Vegan £2.45
Large fluffy fried bread			
Contains Gluten			

Chappathi	Vegan £2.45		
Two pieces of unleavened baked bread			
Contains Gluten			

Home Made Rice Speciality

Lemon Rice	£3.25	Veg Hakka Noodles	Vegan £3.45
(Vegan option available)			
Basmati rice tossed in a deep pan with peas and fresh lemon juice served with raitha			
Contains Mustard • Nuts • Milk			

Boiled Rice	Vegan £2.95		
Basmati rice			

Curd Rice	£3.45		
A cooling mixture of rice, cucumber and yoghurt, served with home-made pickle			
Contains Milk • Mustard			

Jeera Rice	£3.25		
Vegan option available			
Basmati rice toasted with cumin seeds			
Contains Mustard			

Vegetable Fried Rice	Vegan £3.45		
Basmati rice stir fried mix vegetables tossed in soya sauce			
Contains Soya			

Extras

Chana Batura	Vegan £4.95	Pav Bhaji	Vegan £4.95
Contains Gluten			

Poori Masala	Vegan £4.95	Mix Salad	Vegan £2.99
Contains Gluten			
cucumber, tomato, onions, lettuce, carrots, chilly & lemon			

Chappathi with Kurma	£4.95	Mulaga Podi	£1.75
Vegan			
Contains Gluten			
Combination of lentils ground together with spices and served with ghee			
Contains Milk			

Pickles (each)	£1.00		
Lime chutney, Mint sauce			